

# DANIEL D. FLINT

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## EDUCATION

- Ph.D. Clinical Psychology, Clinical Child Concentration (Expected)** **2017 – 2022**  
Bowling Green State University, Bowling Green, Ohio  
*Dissertation Topic: Dating Couples' Spiritual and Emotional Intimacy Predict Relationship Satisfaction and Commitment*  
Research supervisor: Annette Mahoney, Ph.D.
- M.A. Clinical Psychology** **2017 – 2019**  
Bowling Green State University, Bowling Green, Ohio  
*Thesis: Marital Spiritual Intimacy Predicts Coparenting Processes Across the Transition to Parenthood*  
Research supervisor: Annette Mahoney, Ph.D.
- B.A. Therapeutic and Community Psychology, with Honors** **2013 – 2017**  
Point Loma Nazarene University, San Diego, California  
*Honors Thesis: Anxious Avoidant Relational Attachment and Self Esteem Predict Clinically Disordered Eating Attitudes*  
Research supervisors: Mark Mann, Ph.D., Kendra Oakes Mueller, Ph.D., and Cindy Swann, M.S.

## CLINICAL EXPERIENCE

- Doctoral Intern** **2021 – Present**  
Western Youth Services, Laguna Hills, CA  
Responsible for psychological assessment, testing, and treatment of children, adolescents, and young adults at a large community mental health organization under the supervision of licensed clinical psychologists.  
*Supervisors: Rosette Lee, Psy.D., MFT, and Katie Devlin, Ph.D.*
- Behavioral Health Consultation** **2020 – 2021**  
Bon Secours Mercy Health, Oregon, OH  
Provide short-term psychotherapy for adolescent and adult patients with comorbid medical and behavioral/psychological diagnoses. Involves interdisciplinary consultation with medical providers and "warm-handoffs." Deliver short-term treatment for OCD, phobia, anxiety/depression, adjustment disorder, panic, eating disorder, and others. Additionally, carry approximately three longer-term therapy cases. Primary interventions include behavior activation, motivational interviewing, exposure and response prevention, short-term CBT and ACT, and mindfulness-based cognitive therapy. Approximately 20 hours per week.  
*Supervisors: Lori Morales, Ph.D. and Aimee Drescher, Ph.D.*
- Child Assessment & Psychotherapy** **2019 – 2020**  
Harbor Behavioral Health, Toledo, OH  
Responsible for psychological testing and outpatient psychotherapy to children aged 5-17 and their families. Conducted diagnostic assessments for clients of all ages. Delivered intervention to clients with

trauma, mood disorders, ODD/CD, family dysfunction, and ADHD/LD/ID using CBT/ACT and structural/strategic family therapy. Completed two comprehensive psychological evaluations and feedbacks per month. Coordinated with educators, parents, department of child and family services, case managers, and social workers when necessary. Consulted with a psychology-focused team and an interdisciplinary team led by a psychiatrist. Successfully adapted child and adolescent clients to telehealth during COVID-19 pandemic. Approximately 20 hours per week.

*Supervisor: Olivia Leverich, Psy.D.*

### **Assessment & Psychotherapy**

**2018 – 2021**

Psychological Services Center, Bowling Green State University

Conducted comprehensive adult and child psychological assessments under supervision of graduate faculty. Carried a caseload including individuals, families, children, and couples. Primary interventions utilized are ACT/functional-analytic psychotherapy (FAP) for individuals, CBT and structural/strategic family therapy for children, and emotion-focused therapy (EFT) and integrative behavioral couple therapy (IBCT) for couples. Participate in ladder supervision. Approximately 6 hours per week.

*Supervisors: Abby Braden, Ph.D., Josh Grubbs, Ph.D., and Dryw Dworsky, Ph.D.*

### **I CAN DO Program Group Facilitator**

**2019**

Kenwood Elementary School, Bowling Green

Co-led weekly coping skills group intervention targeted towards fourth graders in the local public school system. Involved manualized, primarily cognitive-behavioral preventative psychoeducation and collaboration with educators and other clinical psychology graduate students. Provided education and facilitated conversation about topics such as bullying, divorce, racism/discrimination, and death/loss. Approximately 4 hours per week.

*Supervisor: Eric Dubow, Ph.D.*

## PROVISION OF CLINICAL SUPERVISION

### **Advanced Graduate Student Supervisor**

**2020 – 2021**

Psychological Services Center, Bowling Green State University

Supervise multiple second-year graduate students providing psychotherapy to adult and adolescent clients. Responsible for live supervision, tape review, case conceptualization, treatment planning, clinical report-writing, and diagnostic accuracy. Emphasize developmental psychopathology, family systems, interpersonal process, and third-wave behavior therapy tenets. Involves weekly group "umbrella supervision" meeting with other graduate student supervisors and licensed clinical psychologist. Approximately 4 hours per week.

*Umbrella Supervisor: Dryw Dworsky, Ph.D.*

## INFORMAL CLINICAL EXPERIENCES

### **Lead Mentorship Coordinator**

**2018 – 2020**

BGSU Undergraduate Psychology Association, Bowling Green, OH

Currently in my third year of coordinating the student mentorship program for undergraduates who are interested in applying for graduate school. Oversee matching approximately 80 undergrads with approximately 30 graduate students each academic year. As a mentor, meet with undergraduate mentees approximately once per month to provide input on career preparation. Review application materials and discuss how to competitively apply for graduate school.

**Shadowing Director of Behavior Science****2020**

St. Luke's Family Medicine, Perrysburg, OH

Seeking to gain more exposure to behavioral medicine and interdisciplinary health consultation, I reached out to a local psychologist (Dr. Mark Krautheim) to arrange informal shadowing and supervision. Observed behavior consultation sessions and "warm handoffs." Developed competence in Screening, Brief Intervention, and Referral to Treatment (SBIRT) model and increased proficiency with Motivation Interviewing (MI).

**Small-Group Leader****2015 – 2017**

Point Loma Nazarene University, San Diego, CA

Led weekly group counseling/preventative psychoeducation sessions with twelve freshmen students under the supervision of a licensed clinical psychologist. The group was designed to foster community, build friendships, and assist in the transition to college.

*Supervisor: Kim Schaeffer, Ph.D.*

**Lead Mentor****2014 – 2015**

Golf ProKids First Tee of San Diego, San Diego, CA

Co-led a weekly college student volunteer program in downtown San Diego. Worked with children of displaced families from Somalia, Ethiopia, and the Sudan on academics, English skills, and golf.

PEER-REVIEWED PUBLICATIONS

**Flint, D. D.,** Ferrell, E. L., Engelman, J. (2020). Clinical research on behavioral activation as treatment for posttraumatic stress disorder: a brief review and meta-analysis. *Behavioral Interventions*. 35(2): 325-335. doi:10.1002/bin.1712

**Flint, D. D.,** Pagan, A., Cook, T., Bailey, M., Butterfield, M. E. (2020). Situation attribution mediates intention to overlook negative signals among romantic interests. *Current Research in Social Psychology (CRISP)*. 28(3): 20-31.

Ferrell, E. L., Russin, S. E., **Flint, D. D.** (2020) Prevalence estimates of comorbid eating disorders and posttraumatic stress disorder: a quantitative synthesis. *The Journal of Aggression, Maltreatment, and Trauma*. 29(10). doi: 10.1080/10926771.2020.1832168

Vaculíková, J., Johnson, J., **Flint, D. D.** (2017). Evaluating the factor structure of the proactive and preventive coping of graduate students. *Turkish Online Journal of Educational Technology*. October Special Issue INTE. 1112-1120.

Pagan, A., **Flint, D. D.,** Short, T. (in preparation). Links between parental personality psychopathology, parenting strategies, and child development outcomes: a quantitative synthesis. Manuscript in preparation.

BOOK CHAPTERS

Mahoney, A. M., **Flint, D. D.,** & McGraw, J. (2020). Spirituality, religion, & marital/family issues. In D. H. Rosmarin & H. G. Koenig (Eds.), *Handbook of Spirituality, Religion, and Mental Health* (2nd ed., pp. 159-177) Elsevier. 10.1016/B978-0-12-816766-3.00009-4

INVITED CONFERENCE PRESENTATIONS

**Flint, D. D.,** Mahoney, A. M. (2019, April) New parents' spiritual intimacy predicts coparenting processes after controlling for prosocial communication. Paper presented at the APA Division 36 conference, Bowling Green, OH.

CONFERENCE PRESENTATIONS: SYMPOSIA

Vaculíková, J., **Flint, D. D.,** Johnson, J., (2017, July) Evaluation of classroom teachers' opinions about in-service training. Paper presented at the International Conference on New Horizons in Education, Berlin, Germany.

**Flint, D. D.,** Oakes Mueller, R. A., Leffel, G. M. (2016, March) The Good Physician (Part 2 of 2): redemptive narratives and their relationship to physician virtues: Paper presented at the Society for the Study of Psychology and Wesleyan Theology, San Diego, CA.

CONFERENCE PRESENTATIONS: POSTERS

**Flint, D. D.,** Russin, S. E., Ferrell, E. L. (2019, April) A meta-analytic review of the comorbidity prevalence of binge eating disorder and posttraumatic stress disorder. Poster presented at the Ohio Psychological Association conference, Columbus, OH.

Ferrell, E. L., Russin, S. E., **Flint, D. D.** (2019, April) A meta-analysis of posttraumatic stress disorder and anorexia nervosa. Poster presented at the Ohio Psychological Association conference, Columbus, OH.

Russin, S. E., **Flint, D. D.,** Ferrell, E. L. (2019, April) Prevalence estimates of comorbid posttraumatic stress disorder and bulimia nervosa: a meta-analysis. Poster presented at the Ohio Psychological Association conference, Columbus, OH.

**Flint, D. D.,** Rudd, M. F., Artschwager, A., Mahoney, A. (2018, March) A meta-analysis of the link between conservative Protestantism and parental disciplinary behaviors. Poster presented at the APA Division 36 conference, Riverside, CA.

Pagan, A., **Flint, D. D.,** Butterfield, M.E. (2017, April) Stop following me! Violations of Instagram's positivity norm decrease online interactions and perceived social competence. Poster presented at the Western Psychological Association research symposium, Sacramento, CA.

**Flint, D. D.,** Cho, L. H. J., Gilliam, M., Butterfield, M.E., Swann, C. (2017, April) Hungry for happiness: Self-esteem mediates the effect of gender on disordered eating attitudes. Poster presented at the Western Psychological Association research symposium, Sacramento, CA.

**Flint, D. D.,** Pagan, A., Schaeffer, K., Butterfield, M. E. (2017, April) Knowledge is power: Perceived expertise mediates extraversion's effect on counselor ratings. Poster presented at the Western Psychological Association research symposium, Sacramento, CA.

Cho, L. H. J., **Flint, D. D.,** Swann, C., Butterfield, M. E., Mann, M. (2017 April) A relational perspective on disordered eating: Maladaptive attachment predicts tendencies for unhealthy eating attitudes. Poster presented at the National Conference on Undergraduate Research, Memphis, TN.

Pagan, A., **Flint, D. D.**, Butterfield, M. E. (2017, January) You can't say that: Negative captions decrease perceived social competence and desirability. Poster presented at the Society for Personality and Social Psychology, San Antonio, TX.

**Flint, D. D.**, Pagan, A., & Butterfield, M. E. (2017, January). Crazy or crazy hot? Dateability and situation attribution increase willingness to overlook negative cues. Poster presented at the Society for Personality and Social Psychology, San Antonio, TX.

**Flint, D. D.**, Ahmad, M., Oakes Mueller, R. A., Leffel, G. M. (2016, April) The Good Physician (Part 1 of 3): Redemptive life narratives predict growth in physician generosity. Poster presented at the Western Psychological Association research symposium, Long Beach, CA.

### SELECTED POPULAR PRESS ARTICLES AUTHORED

Since 2019, I have been a paid author of over 25 articles for Psych Central and Psychology Today. These articles have been read over 700,000 times. I incorporate empirical evidence and clinical observations in a voice appropriate for non-professionals, particularly parents.

Flint, D. (2020) How Positive Coparenting Produces Mentally Healthy Kids. *Psychology Today*. Retrieved from <https://www.psychologytoday.com/us/blog/behavior-problems-behavior-solutions/202006/how-positive-coparenting-produces-mentally-healthy>

Flint, D. (2019) Three Ways Parents Enable Their Child's Misbehavior. *Psychology Today*. Retrieved from <https://www.psychologytoday.com/us/blog/behavior-problems-behavior-solutions/201910/three-ways-parents-enable-their-childs-misbehavior>

Flint, D. (2019) Untangling Anxiety and ADHD Symptoms in Children. *Psychology Today*. Retrieved from <https://www.psychologytoday.com/blog/behavior-problems-behavior-solutions/201909/untangling-anxiety-and-adhd-symptoms-in-children?eml>

Flint, D. (2019). 4 Practical Tips for Improving Communication with Your Moody Teen. *Psych Central*. Retrieved from <https://psychcentral.com/blog/4-practical-tips-for-improving-communication-with-your-moody-teen/>

### SELECTED TRAININGS ATTENDED

**Spiritual Competency Training in Mental Health** **September 2018**

Online Course through EdX ([www.edx.org](http://www.edx.org))

Conducted by Michelle Pearce, Ph.D. and Kenneth Pargament, Ph.D.

**Talking about Change: Motivational Interviewing as a General Therapeutic Skill** **March 2019**

Bowling Green State University, Bowling Green, OH

Josh Grubbs, Ph.D.

**Spiritually Integrated Psychotherapy** **April 2019**

Clinical Training Keynote at Div. 36 Midyear Conference

Kenneth Pargament, Ph.D.

**Radical Openness Experiential Skills Group** **April 2019**

Experiential group informed by Functional Analytic Psychology designed to improve interpersonal openness and acceptance in growing clinicians

William H. O'Brien, Ph.D.

<b>CARE (Child-Adult Relationship Enhancement) Training</b> Parent-Child Interaction Therapy Skills Workshop Marcia Timms, LPCC-S	<b>July 2019</b>
<b>Nonviolent Crisis Intervention Training (CPI)</b> Mental Health Facility Safety Training Program Rachael Vandall-Hurley, QMHS	<b>October 2019</b>

### TEACHING EXPERIENCE

I have performed teaching assistant duties that the undergraduate and graduate levels. Responsibilities included guest lecturing, grading, office hours, administering exams, and creating assignments. Occurrences, where I requested to teach on a special interest topic, are labeled "guest lecturer."

<b>Graduate Teaching Assistant – Developmental Psychopathology</b> Annette Mahoney, Ph.D. Bowling Green State University, Bowling Green, OH	<b>2018 – 2019</b>
<b>Graduate Teaching Assistant – Developmental Psychology</b> Dara Musher-Eizenman, Ph.D. Bowling Green State University, Bowling Green, OH	<b>2018</b>
<b>Graduate Teaching Assistant – Human Sexuality</b> Mark McCoy, Ph.D. Bowling Green State University, Bowling Green, OH	<b>2017 – 2018</b>
<b>Teaching Assistant – Clinical Interventions; Personality &amp; Psychopathology</b> G. Michael Leffel, Ph.D. Point Loma Nazarene University, San Diego, CA	<b>2016 – 2017</b>
<b>Teaching Assistant – Developmental Psychology</b> Katherine Turner, Ph.D. Point Loma Nazarene University, San Diego, CA	<b>2015 – 2016</b>
<b>Guest Lecturer – Introduction to Psychology</b> Renee Brott, Psy.D. Bowling Green State University, Bowling Green, OH <i>Topic: Introduction to Cognitive Behavioral Therapy</i>	<b>2019</b>
<b>Guest Lecturer – Personality Psychology and Adult Development</b> G. Michael Leffel, Ph.D. Point Loma Nazarene University, San Diego, CA <i>Topic: Traumatic and Redemptive Life Narratives in the Context of Positive Psychology</i>	<b>2015 – 2016</b>

### ACADEMIC AWARDS AND HONORS

<b>Full Tuition Scholarship</b> <i>Associated with admission to doctoral program at BGSU</i>	<b>2017 – Present</b>
<b>Paul T. Culbertson Endowed Psychology Scholarship</b> <i>For excellence in psychology research and academic work</i>	<b>2016 – 2017</b>
<b>Psychology Departmental Scholarship</b> <i>For academic excellence; divided among top psychology majors</i>	<b>2015 – 2017</b>
<b>Dean's List</b>	<b>2014 – 2017</b>

**President's Scholarship** 2013 – 2017  
*Highest scholarship offered for academic excellence*

PROFESSIONAL MEMBERSHIPS

**Ohio Psychological Association of Graduate Students (OPAGS)** 2019 – Present  
*Bowling Green State University Campus Representative*

**Division 43 of the American Psychological Association** 2016 – Present  
*Couple and Family Psychology*

**Division 36 of the American Psychological Association** 2017 – Present  
*Society for the Study of Religion and Spirituality*  
 APA Graduate Student Representative 2017 – 2019

**Division 37 of the American Psychological Association** 2020 – Present  
*Society for Child and Family Policy and Practice*

**Division 53 of the American Psychological Association** 2020 – Present  
*Society of Clinical Child and Adolescent Psychology*

**Association for Behavioral and Cognitive Therapies** 2016 – Present  
*Couples Special Interest Group*

**Society for Personality and Social Psychology** 2016 – 2017

**Western Psychological Association** 2015 – 2017

**Psi Chi, The National Honor Society for Psychology** 2015 – 2017  
*Campus Council Director of Publicity* 2015 – 2016

REFERENCES

**Dryw Dworsky, Ph.D.**

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 Director, Psychological Services Center  
 Department of Psychology  
 Bowling Green State University, Bowling Green, OH  
 Phone: (419) 372-2540  
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**Olivia Leverich, Psy.D.**

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 Harbor Behavioral Healthcare  
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**Annette Mahoney, Ph.D.**

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